1.Clap, clap, clap your hands,   
Clap your hands together.   
Clap, clap, clap your hands,   
Clap your hands together.

Wink, wink, wink your eyes,   
Wink your eyes together.   
Wink, wink, wink your eyes,   
Wink your eyes together.

Spin, spin, spin around,  
Spin around together.  
Spin, spin, spin around,   
Spin around together.

Wash, wash, wash your face,  
Wash your face together.  
Wash, wash, wash your face,  
Wash your face together.

2. Head and shoulders, knees and toes,   
Knees and toes, knees and toes!  
Head and shoulders, knees and toes,  
Eyes, ears, mouth and nose!

3. I can hop like a rabbit. (прыкаем как кролик)  
I can jump like a frog. (прыгаем как лягушка)  
I can fly like a bird. (летаем как птичка)  
I can run like a foх. (бегаем как лисичка)  
I can walk like a duck. (ходим как уточка)  
I can swim like a fish. (плаваем как рыбка)  
And be still as good children - (и становимся хорошими детками)  
as still as this. (вот так)

4. One, one, one.(бегут)Little dog, run!

Two, two, two.Cats see you.(изображают кошку)

Three, three, three.Birds in the tree.(изображают птицу на дереве)

Four, four, four.Frogs on the floor.(изображают лягушку)

5. Red, red, touch your head,(достают до головы)

Black, black, touch your back,(дотрагиваются до спины)

Blue, blue, touch your shoe.(достают до туфлей)

Green, green, touch your chin.(касаются щек)

Brown, brown, touch the ground.(достают до земли)